

*Donene Taylor*

MENTAL PERFORMANCE  
COACHING

MASTER THE ART OF  
**WINNING**



**ACHIEVE YOUR  
BOLD GOALS**

**90**

Day Coaching  
Program

**6**

1-on-1  
Zoom Calls

**DAILY**

Support  
Through  
Voxer & Email



**90 Day Program for \$1800 or 3 Monthly Installments of \$720**

# CLOSE THE GAP

## FROM WHERE YOU ARE

- Struggling to let go of mistakes/poor performance
- Unable to perform in competition like in practice
- Negative self-talk and thoughts
- Distracted and losing focus
- Paralyzed when competing with pressure



## TO WHERE YOU WANT TO BE

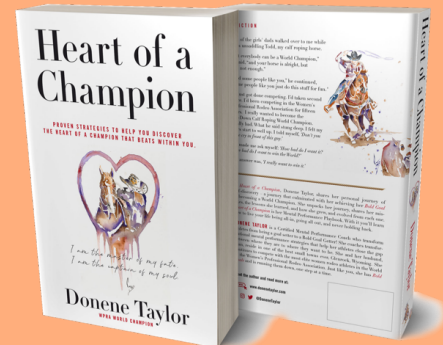
- Master emotional regulation and resilience
- Compete with confidence and consistency
- Perform with positive self-talk and productive thoughts
- Perform with locked-in laser focus
- Compete at your best while having fun



*Donene Taylor*

- Certified Mental Performance Coach
- Author, *Heart of a Champion*
- WPRA World Champion

**307-267-4824**  
**donenetaylor@gmail.com**



Athletes of all ages and ability levels are utilizing Donene's one-on-one coaching program to help them achieve their bold goals, master their mental game and WIN. Customized to take each athlete from where they are to where they want to be, Donene applies proven strategies to overcome their specific struggles.